

SAMPLE FOUNDATIONS WEEK SCHEDULE

Monday

8:30 a.m.	Early move-in to dorm rooms
12:30 p.m.	Family Welcome Lunch and Program at the Study Center
2:30 p.m.	Family member farewell
3:00 p.m.	Students arrive at Retreat Center
4:00 p.m.	Bible study <i>"What is the Gospel?"</i>
6:00 p.m.	Dinner
7:30 p.m.	Bible study and worship <i>"You Are What You Love"</i>
9:00 p.m.	Free Time

Tuesday

9:00 a.m.	Breakfast
10:30 a.m.	Scavenger Hunt at the Study Center
12:00 p.m.	Lunch
1:00 p.m.	Program and discussion <i>"What UVA Wants You to Love"</i>
3:00 p.m.	Return to Retreat Center
6:00 p.m.	Dinner
7:30 p.m.	Bible study and worship <i>"Being a Christian in College "</i>
9:00 p.m.	Free Time

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Wednesday

7:00 a.m.	Sunrise hike
11:30 a.m.	Lunch at Retreat Center
1:00 p.m.	Afternoon adventure in Charlottesville
5:00 p.m.	Return to Retreat Center
6:00 p.m.	Dinner
7:30 p.m.	Bible study, student reflections, slideshow

Thursday

8:00 a.m.	Breakfast
10:30 a.m.	Check out of Retreat Center
12:00 p.m.	Return to Grounds